

# **LUNCH MENU**

## **APPETIZERS**

FITNESS SALAD MIXED GREENS, CHERRY TOMATOES, CARROT, GRILLED CHICKEN, YOGURT DRESSING \$10.95

SPINACH SALAD TOASTED ALMONDS, RAISIN SHRIMP, CHAMPAGNE VINEGRETTE \$ 11.95 GREEK SALAD TOMATOES, BELL PEPPERS, BLACK OLIVES, CUCUMBER, RED ONIONS, FETA CHEESE, LEMON DRESSING \$11.95

SMOKED SALMON DILL CREAM CHEESE, MIXED GREENS, FLAT BREAD \$12.95 SHRIMP COCKTAIL AURORA SAUCE, ARUGOLA SALAD, CHERRY TOMATOES \$10.95

### **PASTA**

SPAGHETTI CARBONARA \$12.95
PENNE PANNA PROSCIUTTO E FUNGHI CREAM, HAM & MUSHROOM \$13.95
PAPPARDELLE BOLOGNESE \$14.95
ORECCHIETTE PESTO \$13.95

CANNELLONI RICOTTA E SPINACI RICOTTA CHEESE & SPINACH \$13.95

Add any of the following items to your dish of choice Grilled, Jerked or blackened chicken breast - \$6.95 Shrimp - \$7.95 Grilled sirloin (6 oz.) - \$9.95 Lobster (4 oz.) - \$11.00

#### **MAIN COURSES**

PORK CHOP ROASTED POTATOES, SEASONAL VEGETABLES, RED WINE DEMI GLAZE \$15.95

VEAL MILANESE FRIES, GRILLED ASPARAGUS, CLEAR BUTTER \$16.95

GRILLED SALMON GRILLED ZUCCHINE, QUINOA SALAD, OLIVE OIL \$16.95

### HOMEMADE FOCACCIA/SANDWICH

GOURMET TOMATO, MOZZARELLA, ARUGOLA, PARMA HAM, TRUFFLE OIL \$ 8.95

BERGAMO SALAME, TALEGGIO CHEESE, MIX SALAD, OLIVE OIL \$7.95

COTOLETTA BREADED CHICKEN BREAST, TOMATO, LETTUCE, MAYO OLIVE OIL \$7.95

GRILLED VEGETABLES TOMATO, CUCUMBER, RED ONIONS, LETTUCE, MOZZARELLA \$ 6.95

All focaccia/Sandwich are served with a side of fries, add mixed or caeser salad for \$2